

HOMELESS

St Vincent de Paul

Call 01 8848200 | svdp.ie

Peter McVerry Trust

Call 01 823 0776 | info@pmvtrust.ie.

Focus Ireland

Call 01 6712555 | focusireland.ie

Salvation Army

Call 01 874 0987 | salvationarmy.ie

Threshold

Call 1800 454 454 *Monday to Friday*
threshold.ie

Simon Community

Support for the Homeless

Call 01 475 9357

FOOD SUPPORT

Alice Leahy Trust

Call 01 454 3799

The Capuchin Day Centre

Call 01 872 0770

The Mendicity Institute

Call 01 677 3308

Penny Dinners

Call 01 453 6621

FINANCIAL SUPPORT

Protestant Aid

Call 01 668 4298 | protestantaid.org

MABS

Money & Advice Budgeting Service

Call 0761 07 2000 | mabs.ie

MIGRANT SERVICES

Immigrant Council of Ireland

Call 01 674 0200 | immigrantcouncil.ie

Irish Refugee Council

Call 01 7645854 | irishrefugeecouncil.ie

GENERAL

For Information on all Support
Services contact your local

Citizens Advice Bureau

Call 0761 07 4000
citizensinformation.ie

The Church of Ireland

United Diocese of Dublin & Glendalough



Handy to Have Numbers

Contact Details for Support Groups and Helplines

dublin.anglican.org/socialaction



ABUSE

Womens Aid

24hr National Freephone Helpline
1800 341 900 | womensaid.ie

Rape Crisis Centre

National 24-Hour Helpline
1800 77 8888 | counselling@rcc.ie.

Amen *Male victims of domestic violence*
Support Line: 01 5543811

Elder Abuse

HSE helpline on 1850 24 1850
Monday to Saturday – 8am to 8pm

Sexual Violence Helpline

For men and women 1800 77 88 88

Crime Victims Helpline

Freephone 116 006
CrimeVictimsHelpline.ie

ADDICTION

Alcoholics Anonymous

Call 01 8420700 | alcoholicsanonymous.ie

Al-Anon *Family & Friends of problem drinkers*

Call 01 8983624

Gamblers Anonymous

Call 01 8721133 | gamblersanonymous.ie

Drugs / HIV Helpline

Call 1800459459 | drugs.ie

National Drug Treatment Centre

Call 01 6488600 | addictionireland.ie

Merchants Quay

Call (01) 524 0160

Bodywhys

The Eating Disorders Association of Ireland
Call 01 2107906 | bodywhys.ie

CHILDREN

Barnardo's

Works for and with vulnerable children
Call 1 850 222 333 | barnardos.ie

C.A.R.I. *Therapy and support for children at risk*

Lo Call 1 890 92 4567 | cari.ie

Childline / ISPCC

Call 1 800 666 666 | ispcc.ie

Parentline *Parents under Stress*

Call 1890 927 927 | parentline.ie

P.A.C.T. *Crisis Pregnancy, Adoption Support*

Call 01 2962200 | pact.ie

Protestant Orphan Society

Call 01 667 5963

Rainbows Ireland *Support for bereaved children*

Call 01 473 4175 | rainbowsireland.ie

Tusla *Child Protection and Welfare*

Call 017718500

ELDERLY

Age Action Call 01 475 6989 | ageaction.ie

ALONE Call 01 679 1032 | alone.ie

Friends of the Elderly

Call 01 873 1855 | friendsoftheelderly.ie

Alzheimer's Society of Ireland

Call 1 800 341 341 | alzheimer.ie

The Carer's Association

Call 057 932 2920 | carersassociation.ie

Elder Abuse HSE Helpline

Call 1850 24 1850 *Mon to Sat- 8am to 8pm*

Family Carers Ireland

Information re: Financial Support & Entitlements
Call 087 7670374

DISABILITY

Disability Federation of Ireland

Call 01 4547978 | disabilityireland.ie

Church of Ireland Assc of Deaf People

Call 065 707 4778

DeafHear

Call 01 4620377 | deafhear.ie

National Council for the Blind

Call 01 8307073 | ncbi.ie

COUNSELLING

FOR DEPRESSION / SUICIDE

The Samaritans

Call 116123 | dublinsamaritans.ie

Pieta House Suicide & Self harm

Call 01 4585490 | pieta.ie

Crisis Textline Ireland

hello@crisistextline.ie

AWARE *Depression / Bi Polar Disorder*

Call 1 890 303 302 | aware.ie

Grow Mental Health Movement

Call 1 890 44474474 | grow.ie

LGBT Support and Information

Call 1890 929 539

Mon to Thurs: 6:30pm to 10:00pm

Fri: 4:00pm to 10:00pm / Sat & Sun: 4:00pm to 6:00pm

Church of Ireland Marriage Council

Call 01 678 5256 | towardsmarriage.com