

## What can we offer?

Support to clergy in areas of mentoring and support networks (for new incumbents), mediation, spiritual support, professional counselling and retreats.

## How can we help?

If you feel you need to avail of Pastoral Support we can arrange for the appropriate professional type of help which will be most useful and, where appropriate, will offer up to four counselling sessions with a qualified counsellor.

## When and where?

You can confidentially meet a member of the Pastoral Support Team at a time and place suitable to you both.



## PASTORAL SUPPORT

*'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.'*

*(Matthew 11:28)*

# WHO cares for the CARERS?

## PASTORAL SUPPORT



## How to get in touch?

Please contact the archbishop's secretary Ruth Burleigh in strictest confidence at [archdublinoffice@gmail.com](mailto:archdublinoffice@gmail.com) or by calling 01 4125 663.

(Please be assured that immediate and strictly confidential pastoral care in situations of urgency continues to be provided by the archbishop.)

The United Diocese of Dublin & Glendalough  
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The United Dioceses of  
Dublin and  
Glendalough



*The Lord* is my shepherd, I shall not want.

(Psalm 23: 1)

*But each* of us was given grace according to  
the measure of Christ's gift.

(Ephesians 4: 7)

## The Pastoral Support Team

All of these services will be provided by external professionals.

**Mediation:** providing a confidential and efficient mediation service, tailored to your needs.

**Spiritual Support:** to help you find value, meaning, trust, and strength during difficult times.

**Counselling:** access to qualified, accredited counsellors working in a safe, structured environment and offering the most up-to-date therapeutic services.

**Retreats:** private retreats which provide time for rest, reading, reflection and prayer.

*Do not* let your hearts be troubled.  
Believe in God, believe also in me.

(John 14: 1)

*For the Son of Man* came not to be served but to serve, and to give his life a ransom for many.

(Mark 10: 45)

